C 4.1 People Who Help Us

C4.1.4.
Let us discuss ways of collaborating with the people who help us in our locality; we will see how useful our collaboration can be.

A. Underline the correct answer:

1. When we talk about First Aid we are referring to:
   a) how to call for a doctor.
   b) the immediate help we should give in case of an accident.
   c) the first thing you do after school.

2. Most often, when someone gets hurt at home, first aid
   a) can be given by the teacher.
   b) can be given by us.
   c) can be given by the mayor.

3. If someone starts bleeding after an accident, the first thing we must do is
   a) cover the injured person with a woollen blanket.
   b) scold the injured person.
   c) try to stop the bleeding by putting pressure on the wound.

4. When you burn yourself, the first thing you should do is:
   a) wrap the burnt area in a towel.
   b) cool the burnt flesh for 10 minutes with water.
   c) rub it with car oil.
5. If after an accident you think that a bone might have been broken
   a) keep the patient lying down.
   b) keep the patient face down.
   c) hold the place you think might be broken so it won’t move.

6. When someone’s nose is bleeding
   a) wash their nose well with warm water.
   b) press the upper part of the nose.
   c) make the patient lie down.

B. Discussion: Road Safety.

Who can help you cross the road?

Look at these pictures and discuss what these children are doing right and what they are doing wrong. Who can help them?

<table>
<thead>
<tr>
<th>Zebra crossing</th>
<th>Look well</th>
<th>Jump</th>
</tr>
</thead>
<tbody>
<tr>
<td>Run</td>
<td>Wait</td>
<td>Cross the Road</td>
</tr>
</tbody>
</table>
C. Going to the Dentist.

Write a paragraph about these points:

- How does the dentist protect you?
- How does he help you?
- What does he give you to make you feel better?

D. Going to the Doctor

Imagine you are a doctor.

Write a paragraph about how you help the people in your community.

- When and why do you visit them?
- What do you do when you visit them?
- What do you give them to make them feel better?