Clothes Depending on the Weather or Seasons in Malta

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The climate in the Maltese islands is moderate. Summer in Malta is quite warm. Winters are not too harsh though we do have occasional periods of cold weather. For this reason the clothes we wear vary according to the season.

In winter we wear thick, woollen clothes to keep us warm. We wear hats, scarfs and coats. In summer we wear light, thin clothes like shorts, and sleeveless T-shirts.

In the past, men used to wear flannel shirts, waistcoats, sashes and caps, whilst women used to wear the faldetta in winter, especially for important occasions. When it rained they used to wear some type of raincoat. In summer, men used to wear long sleeved cotton shirts and straw hats with wide brims to protect them from the terrible heat. In
summer women used to put a scarf over their heads to protect them from the sun.

**Clothes for Different Climates**

Clothing in different countries varies depending on the country’s climate. Countries which are closer to the equator like Libya, have very hot temperatures.

Therefore, in these countries, both men and women wear long clothes to protect themselves from the sun. These clothes are normally very light to keep them cool.

In the places farthest from the Equator, there is a lot of snow and ice because the temperatures are very cold. Therefore, the people who live there, such as the Eskimos, wear very thick clothes so they won’t feel cold.