

G 5.3 FISHING AND AQUACULTURE



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Fishing for Dorado (Lampuki)

A. Fill in the blanks with the given words.

season

common

palm

'luzzu'

'kannizzati'

shade

In Malta, from August to December, many fishermen go fishing for Dorado. Indeed, this period is commonly known as the Dorado _____. Fishing for Dorado is done mostly with the _____ and the 'skuna'.

During the season, fishermen do not only catch Dorado but very often they also catch pilot-fish ('fanfri'), bogue ('vopi') and mackerel ('kavalli / sawrell'). However, the most _____ fish is the Dorado ('lampuki').

How is Dorado caught? The most popular method is that of the _____. Fishermen throw a lot of _____ leaves on the surface of the sea, the Dorado come under it to find _____, and then the fishermen surround and catch them with their nets.



B. Read about 'kannizzati'.

The palm tree - whose leaves are cut so they can be used in 'kannizzati'



1. The 'kannizzata' is a big raft made up of corks, sacks, palm leaves, cane stems and other things that float on water.
2. These are tied together to form a kind of roof over the surface of the sea. The Dorado fish then goes under it to find shade from the sun.
3. To prevent the 'kannizzata' from being dragged by the sea current, it is tied well with ropes to rocks thrown to the bottom of the sea.

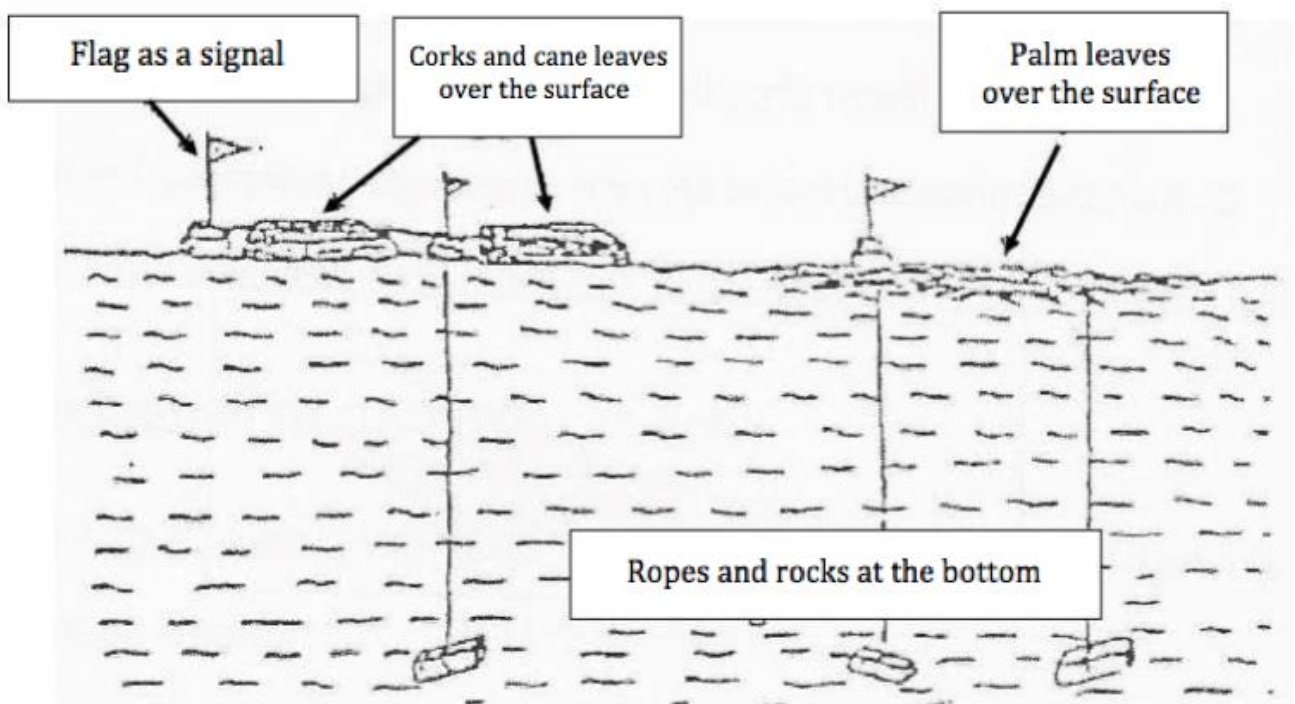


The 'luzzu' is armed full of palms which will be used to form a 'kannizzata' for Dorado fishing

4. During the Dorado season, fishermen go with their fishing boats to surround the 'kannizzata' with nets and lay down the feathers tied to a nylon thread, and if they see that there are fish then they close the net and bring it up to the surface.

5. Afterwards, the fishermen store the fish in creels (wooden baskets where fish is stored). When they return back to the coast they take the caught fish to the fish market ('pixkerija'). Other sellers buy the fish from there, and then take it to the markets or to the streets to sell them again.

6. This drawing shows how to mount a 'kannizzata'.



C. Lampuki Pie.

There is no doubt that fish contains a lot of proteins important for a balanced diet. Are you interested in cooking a lampuki pie together with an adult?

In this link you can find the recipe to do it:

<http://www.ilovefood.com.mt/sandra-hammett/fried-filleted-lampuki/>

